



Coffee breaks

L - contains lactose G - contains gluten V - vegan

Coffee break "Classic" 6.50 €

Mini croissant with ham and cheese G L
Assorted cookies G
Coffee, tea, flavoured water

Coffee break "Healthy" 7 €

Tortilla with chicken and vegetables G
Berry smoothie
Coffee, tea, flavoured water

Coffee break "Flavours of Estonia" 8 €

Spiced sprat on dark rye bread with egg cream G
Traditional Estonian rye kama dessert G L
Chocolate truffle G L
Coffee, tea, flavoured water

Coffee break "Premium" 9 €

Mini croissant with smoked salmon G
Vegetables with hummus
Sweet traybake G L
Fruit selection
Assorted cookies G
Coffee, tea, flavoured water

Strandresto Hestia Hotel Strand



Coffee breaks

Complete or create your own coffee break based on the menu below:

Whole grain croissant with cold-smoked salmon fillet G	5 €
Whole grain croissant with ham and cheese G	5 €
Pastry with meat or vegetables 80g L G	2 €
Cocktail salad 160g L	3 €
Romaine salad with tuna dressing and croutons 160g G	3 €
Fruit selection 60 g	2.5 €
Sweet traybake 70g G L	2 €
Assorted cookies 50 g	2 €
Chocolate truffle, one piece L	2 €
Berry smoothie 200ml L	3 €
Juice 1L	6 €
Tomato and herb smoothie	3 €
Värska mineral water 33cl	3 €
Coffee/tea	2.5 €
Flavoured water 2L	2.5 €

Prices are shown per person. We request to choose the same menu and joint bill for the whole group. Menu selection and number of meals should be confirmed 7 working days prior to the event. Price includes VAT.

Hestia Hotel Strand, A. H. Tammsaare pst 35, 80010 Pärnu, +372 528 6673
conference.strand@hestiahotels.com, hestiahotels.com